



# THE GRAPE-SCCIN

## Birthday Speaker Meeting

Sunday, March 25<sup>th</sup> at 7:00 pm

**Hosted by: Bay Group**  
**Speaker: Marnie**

**Emeline, Building D**  
1080 Emeline Ave, Santa Cruz 4<sup>th</sup>  
Sunday of Every Month at 7:00 pm

## Spring Fling

Set your calendars for Saturday, June  
9<sup>th</sup>, 11am until 5pm!

SPEAKER MEETING,  
OPPORTUNITY DRAWINGS,  
INCLUDING 50/50, BBQ, BAKED  
GOODS AUCTION,

### LIVE MUSIC!

FUN AND FELLOWSHIPPING IN  
THE SUN!

Come Celebrate Founder's Day with  
your AA community and speaker:

*Faye G. from San Ramon, CA.*  
at Harvey West Park.

**A great opportunity to be of service!**

**We need volunteers who can  
contribute baked goods as well as  
prizes for the opportunity drawings.**

To volunteer or donate please contact  
the Central Office 475-5782, or your  
Intergroup Representatives!

## New Intergroup Officers and Area Representatives

The Intergroup Council completed elections for Committee Officers and  
Area Representatives on March 7<sup>th</sup>.

### Elected as new Officers

Chair.....Rick A.  
Vice-Chair.....Becky G.  
Treasurer.....John S.  
Telephone Diverter Committee...Kerry G.  
Activities Committee.....P.J.  
Newsletter Committee.....Open (*Service Opp.*)  
By-Laws Committee.....Barbara B.  
Website Committee.....Glenn D.  
Delegate-at-Large.....Open (*Service Opp.*)  
General Service Liason.....Russ A.  
H&I Liaison.....Christina  
NCCAA Liason.....Barbara B.  
Recording Secretary.....Barbara

### Elected as Area Representatives

Area 1, Watsonville .....Open (*Service Opp.*)  
Area 2, La Selva Beach.....Jillian R.  
Area 3, Aptos.....Shawn P.  
Area 4, Capitola.....Crystal  
Area 5, Soquel .....Bridget  
Area 6, E. Santa Cruz .....Dyan D.  
Area 7, Morrisey .....Randy N.  
Area 8, S.C. Downtown.....Tye R.  
Area 9, Emeline.....Chris M.  
Area 10, West Side Santa Cruz....Robert B.  
Area 11, Scotts Valley and SLV...Open (*Service Opp.*)

**If you would like to volunteer for an Intergroup Officer or Area  
Representative position come to the next Intergroup Council Meeting  
on Wed. April 4<sup>th</sup>.**

Please check out [asantacruz.org](http://asantacruz.org) for more information on Santa Cruz  
County areas and meetings.

## April 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 7:30PM What a Concept <i>Central Office</i>	3	4 7:00PM New Rep. Ornt. 7:30PM Intergroup Council <i>Aptos Village Park</i>	5	6	7
8	9	10 7:30PM Grape-SCCIN Committee Meet. <i>Central Office</i>	11 7:30PM General Service <i>Aptos Village Park</i>	12 7:00PM PI/CPC Meeting <i>Central Office</i>	13	14 10:00AM 4 <sup>th</sup> Step Workshop <i>Ben Lomond Fellowship</i>
15	16	17 6:00PM Bylaws Committee <i>Central Office</i>	18 7:30PM Steering Committee <i>Central Office</i>	19	20	21 Last Day for Grape- SCCIN submissions
22 7:00PM Birthday Speaker Meeting <i>Emeline Bldg. D</i>	23	24	25 7:00PM H&I Meeting <i>Central Office</i>	26	27	28
29	30	1	2	3	4	5

### The Chairs Corner



Art work by Ken C.

#### Made A Searching and Fearless Moral Inventory of Ourselves.

For me this step was the one that brought up intense feelings of fear, worthlessness, shame, resentments and most off all as the big book describes it best in chapter 3 as that feeling of "pitiful incomprehensible demoralization". As I would sit and recall all of the things I was totally ashamed of doing knowing that I was a good person, deep inside I felt horrible about the things of my past. The idea of putting these things down on paper really brought them to light again, I could think about them and talk about them but putting it in writing weighed heavy on me.

After a couple months of working this step to the best of my ability, meeting with my sponsor most every week, I was hoping I could move to step 5 and share all of my wrong doings. I was more comfortable and willing to share these things verbally than putting them down on paper, I guess it was because sharing these things verbally is similar to when I would do things in a drunken state and tell my friends about them and think that it was funny. The delusion that I thought my friends, colleagues and family would think that this is acceptable behavior or funny and/or cool for this hard working responsible man behaving like this was total insanity.

It was told to me that many people have gone out with failure to do a 4<sup>th</sup> step, I heard all of the slogans, 3 step boogie etc. and would hear the discussions at meetings how important a thorough 4<sup>th</sup> step is. I knew I needed to do what was suggested and not try to continue to work it my way in my head and out my mouth. Now after I have worked this step with my sponsor and many people over the past decade, I have seen that it is no joke, a lot of people do not get past this step.

Wow, I have just been totally inspired by the statement, "In my head and out my mouth" Scary!

OK where was I? It was time to put these moral discrepancies down on paper so I can move on. So with the help of my very patient sponsor we took it a piece at time as outlined in the big book. We started using our weekly meetings for me to write instead of talk. Before I knew it I was able to get past all that fear and incomprehensible demoralization that was cluttering my head for who knows how many years and complete my 4<sup>th</sup> step.

I do not know how it works but it does, I have had the pleasure of working this program of living and giving it away so I can keep it one day at a time just as it was given to me. It works if you work it.

In Service as your SCCI Chair and current author of The Chairs Corner.

By: Rick A.

# Notices to the Group

## New Meetings (Please find the latest meeting schedule at [aasantacruz.org](http://aasantacruz.org))

Come to our **SPRING BBQ!** *Location:* Corralitos Park, 20 Aldridge Lane. *Time:* 12 p.m. Saturday, April 7th, 2012. *Event will include:* Egg Hunt for the Kids, BBQ Chicken/Potluck, 50/50 Opportunity Drawing, Speaking Meeting.

## Service Opportunities

### 24 Hour Diverter - 24 hour call line staffed by A.A. members.

Arguably one of the most rewarding service positions in Santa Cruz County AA. If you're looking for a great way to be of service then volunteer to cover one of the call line times.

*"I am responsible -  
When anyone, anywhere, reaches out for help  
I want the hand of A.A. always to be there.  
responsible."*

*And for that: I am*

The times of monthly service opportunities are continually changing so there is almost always a time that will fit into your busy schedule. The service commitment consists of being available to take and respond to phone calls for a 2 to 4 hour shift once a month. To volunteer or for more information please call Central Office.

## Hospitals and Institutions (H&I)

Ever wonder what H & I does or what its purpose is? Well, now you can find out first hand. The H & I Committee will be holding an orientation every fourth Wednesday at Central Office at 6:30pm, prior to our monthly business meeting at 7pm. All are welcome to attend.

The H & I Committee is looking for volunteers. If you are interested in volunteering please attend our monthly business meeting on the fourth Wednesday at Central Office at 7pm. Please contact Central Office at (831) 475-5782 if you are interested.

## Public Information/Cooperating with

### The Professional Community (PI/CPC)

Volunteers needed to inform students, probation officers, doctors and others about what A.A. is and what A.A. is not. Servicing literature racks, making sure drug court has a current list of open meetings, or attending health fairs at a school or college. The Committee meetings are on the 3rd Thursday of the month at Central Office at 7:00 PM. Sarah S. is the new Chair and can be contacted at [bsasy@aol.com](mailto:bsasy@aol.com) or at (831) 588-1863.

## Bridging the Gap (BTG) — Bridging the Gap to Lasting Sobriety

Do you remember stepping out of a hospital, treatment center or correctional facility and asking yourself, "Now what?" Sobriety was new. Many of us were full of hope for the future and fearful of what it would take to stay sober. Sometimes we found AA on our own, other times AA reached out to us. Those of us who made it to the rooms of Alcoholics Anonymous found a community of people who were living the solution and eager to share their experience, strength and hope for lasting sobriety. Bridging the Gap (BTG) is a world-wide service offered by AA that supports that very important first step for alcoholics who have just been released from hospitals, treatment centers or correctional facilities. We help newcomers make the transition to AA communities in their home towns. The way it works is newcomers fill out a request for assistance at a treatment facility to get to that first meeting then BTG finds a volunteer that shares the same sex, age, and zip code. Upon release, the volunteer calls the newcomer to find out what kind of help is needed to get them to that first meeting. Frequently, sponsorship blossoms from this encounter.