



# THE GRAPE-SCCIN

## AUGUST BIRTHDAYS!

|                     |               |                        |
|---------------------|---------------|------------------------|
| <b>Jackie M.</b>    | <b>35 yrs</b> | <b>August 5, 1977</b>  |
| <b>Sam B.</b>       | <b>34 yrs</b> | <b>August 15, 1978</b> |
| <b>Nina M.</b>      | <b>29 yrs</b> | <b>August 27, 1983</b> |
| <b>Damien M.</b>    | <b>29 yrs</b> | <b>August 19, 1983</b> |
| <b>Diane B.</b>     | <b>29 yrs</b> | <b>August 25, 1983</b> |
| <b>Garryowen G.</b> | <b>14 yrs</b> | <b>August 21, 1998</b> |
| <b>Mark B.</b>      | <b>13 yrs</b> | <b>August 23, 1999</b> |
| <b>Marty L.</b>     | <b>13 yrs</b> | <b>August 15, 1999</b> |
| <b>Katie L.</b>     | <b>13 yrs</b> | <b>August 15, 1999</b> |
| <b>Gina B.</b>      | <b>9 yrs</b>  | <b>August 9, 2003</b>  |
| <b>Dale H</b>       | <b>5 yrs</b>  | <b>August 6, 2007</b>  |

### Among the services provided by Intergruop are:

- Maintain a central office.
- Operate a 24 Hour HotLine for all who call seeking help or information.
- Maintain a listing in the telephone directory for Alcoholics Anonymous.
- Maintain a database by geographic area and sex, of members in the Fellowship who are willing to perform Twelfth Step service.
- Respond to "cries for help" by contacting Twelfth Step volunteers and assigning them to the suffering alcoholics who are reaching out.
- Maintain a supply of approved books and literature.
- Serve as a communications center for local groups, keeping them informed about A.A. activities through a monthly newsletter, and other means appropriate.
- Publish a schedule of meetings held in Santa Cruz County.
- Maintain and finance a web site with meeting schedules and other information regarding A.A. in Santa Cruz County
- Furnish speakers for A.A. meetings and for non-A.A. organizations on request.
- Serve as host of the monthly [Birthday](#) [Speaker's Meeting](#).
- Serve as good will ambassadors to the local community.

- Sponsor any social affairs which members may desire. (Spring Fling!-New

AA Santa Cruz Central Office, 5732 Soquel Drive, Soquel, California 95073 • (831) 475-5782

Birthday Speaker Meeting  
**Sunday, August 26th**  
 at 7:00 pm

*Hosted by: Area 8*  
*Speaker: TBD*

**Emeline, Building D**  
**1080 Emeline Ave,**  
**Santa Cruz 4th Sunday**  
**of Every Month at 7:00**  
**pm**

**Watsonville Fellowship**  
**Activities Committee**  
**Presents**

RECOVERY IN THE  
 REDWOODS  
 23<sup>RD</sup>

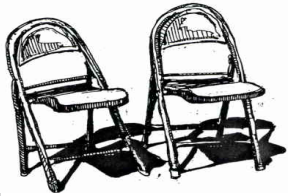
**ANNUAL CAMPOUT**  
**Mt Madonna County Park**  
**Watsonville, CA**  
**September 7, 8, & 9, 2012**

**Old Timers Speaker**  
**Meeting is coming**  
**Saturday October**  
**20<sup>th</sup> From 1:00pm to 6:00**  
**pm**

**NCCAA 65<sup>th</sup> Annual**  
**Fall Conference**  
**Sacramento, CA**  
**October 5, 6, 7, 2012**

## August 2012

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday | Friday   | Saturday |
|---|---|---|---|----------|--|----------|
|   |   |   | 1<br>7:30PM<br>Intergroup<br>Council Meeting<br><i>Aptos Village Park</i> | 2        | 3  | 4        |
| 5   | 6<br>7:30<br>What a concept<br><i>Central office</i>  | 7   | 8<br>General Service<br><i>Aptos Village Park</i><br>7:30pm               | 9        | 10   | 11       |
| 12  | 13  | 14  | 15<br>7:30PM<br>Steering Committee<br><i>Central Office</i>               | 16       | 17<br>Last day for<br>Grapsccin<br>submissions | 18       |
| 19  | 20<br>7:30<br>What a concept<br><i>Central Office</i> | 21<br>6:00PM<br>Bylaws Committee<br><i>Central Office</i> | 22<br>7:00PM<br>H&I Meeting<br><i>Central Office</i>                      | 23       | 24   | 25       |
| 26<br>Birthday speaker<br>Meeting<br>Emeline<br>Building D<br>7:00 pm | 27  | 28  | 29  | 30       | 31   |          |



### The Chairs Corner

#### **Made a list of all persons we had harmed, and became willing to make amends to them all.**

At this point in my sobriety I was really starting to feel like I was making progress. I was attending meetings, being of service, carrying the message, working with my sponsor. I was in the groove and feeling good. Life was really starting to seem manageable again.

So I made a list of all the people in my life that I thought I had harmed, even in the slightest bit and double checked it with my 4<sup>th</sup> step list. Making the list was fairly easy for me but then the second part of this step really started to weigh heavy on my mind. I was having some major anxieties. I believe due to the idea of even talking to some of these people made me quiver, let alone making an amends to them. This was where my Sponsor reeled me back in and made me read the second part out loud to him slowly. He knew that I was already trying to work step 9 and helped me once again remember that this program is a day at a time and that we are working the steps one at a time.

He mentioned that he knew some people that have prayed for the willingness to accept that one could become willing to make such amends. There it was again a subtle suggestion to take me out of my fear and keep me on track.

At our next meeting we started in our usual manner of prayers and then I read the list out loud. We talked about the list I made in detail and he asked me to read step 8 again. After more discussions on willingness, the fear I had at the beginning of this Step was gone.

I was asked if I had become willing to make amends to all on my list. Thanks to the guidance from my sponsor I was totally willing.

#### **In Service as your SCCI Chair and current author of The Chairs Corner.**

**Rick A.**

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# Notices to the Group

**New Meetings** (Please find the latest meeting schedule at [aasantacruz.org](http://aasantacruz.org))

## Service Opportunities

**24 Hour Diverter - 24 hour call line staffed by A.A. members.**

Arguably one of the most rewarding service positions in Santa Cruz County AA. If you're looking for a great way to be of service then volunteer to cover one of the call line times.

*"I am responsible -  
When anyone, anywhere, reaches out for help  
I want the hand of A.A. always to be there.  
And for that: I am  
responsible."*

The times of monthly service opportunities are continually changing so there is almost always a time that will fit into your busy schedule. The service commitment consists of being available to take and respond to phone calls for a 2 to 4 hour shift once a month. To volunteer or for more information please call Central Office.

### **Overheard at Meetings:**

"I need to fill my bank with meetings so I have something to draw on when I need it."

"There is a difference between clinically induced euphoria and joy."

"My family said, 'We have been shopping for a casket for you; we figure a treatment center is cheaper'."

"My drinking was like was like the tomcat who made love to the skunk: I didn't get all I wanted, but I had all I could take."

Submitted by Mary Jane M. *Thank You, and any one else that would like to send in submissions for this new column, please feel welcome!*