



# THE GRAPE-SCCIN

## Birthdays Speaker Meeting

**Sunday, January 27th  
at 7:00 pm**

*Hosted by:*  
**Make My Day  
Speaker:**  
**Jean M. 26 years**

**Emeline, Building D  
1080 Emeline Ave,  
Santa Cruz 4th Sunday  
of Every Month at 7:00  
pm**

**Thanks to NCCAA for  
hosting last months'  
with Barbara B. as  
speaker**

**Are you looking for a  
service commitment?**

**The Santa Cruz  
Intergroup Council  
Elections are coming!!**

**Come to  
Aptos Village Park  
@ 7:30 pm on  
Wednesday Jan 2<sup>nd</sup>  
More info inside.....**

## BIRTHDAYS!

### December 2012

Samantha	4 yrs	Dec 28, 2008
Tim G	3yrs	Dec 21, 2009
Matt R	3yrs	Dec 19, 2009
Chris M	2 yrs	Dec 19, 2010

### January 2013

Zoe	33 yrs	Jan 1, 1980
Marcia K	32 yrs	Jan 28, 1981
Nancy G	29 yrs	Jan 23, 1984
Martin McC	28 yrs	Jan 22, 1985
Janet J	27 yrs	Jan 23, 1986
Marypat O'C	26 yrs	Jan 2, 1987
Bob S	26 yrs	Jan 18, 1987
Mary A	24 yrs	Jan 10, 1989
Butch W	23 yrs	Jan 6, 1990
Tom McK	20 yrs	Jan 13, 1993
Suzanne C	20 yrs	Jan 16, 1993
Rick S	20 yrs	Jan 23, 1993
Lacey G	20 yrs	Jan 29, 1993
Kenton W	19 yrs	Jan 1, 1994
Ron B	19 yrs	Jan 25, 1994
Clarissa B	15 yrs	Jan 1, 1998
Ellen J	14 yrs	Jan 1, 1999
RhondaW	12 yrs	Jan 7, 2001
Christopher S	8 yrs	Jan 29, 2005

## NCCAA

**66<sup>th</sup> Annual Spring Conference  
Fresno, CA January 25,26,27, 2013**

**January 2013**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		1	<b>2</b> 7:30PM Intergroup Council Meeting <i>Aptos Village Park</i>	3	4	5
6	7 7:30 What a concept <i>Central Office</i>	8	9 7:30PM General Service Meeting <i>Aptos Village Park</i>	10	11	12 10:00AM 4 <sup>th</sup> Step Workshop <i>Ben Lomond Fellowship</i>
13	14	15 6:00PM Bylaws Committee <i>Central Office</i>	16 7:30PM Steering Committee <i>Central Office</i>	17	18 <i>Last day for Grapesccin submissions</i>	19
20	21	22	23 7:00PM H&I Meeting <i>Central Office</i>	24	25	26
27 Birthday Speaker Meeting Emeline bldg D 7:00 pm	28	29	30	31		

**Opportunities for Service**

The following positions will be available to be filled by elections at the intergroup council meeting ( the number following the position is the sobriety requirement)

All commitments are for one year

Chairperson (3)

Also the following Area Reps (1)

Vice- Chairperson (3)

Area 1 Watsonville

Area 9 Emeline

Treasurer (3)

Area 2 La Selva Beach

Area 10 Westside SC

Phone Diverter Committee Chairperson (3)

Area 3 Aptos, Corralitos

Activities Committee Chairperson (3)

Area 4 Capitola

Area 11 Scotts Valley

Newsletter Committee Chairperson (5)

Area 5 Soquel

& San Lorenzo Valley

Website Committee Chairperson (3)

Area 6 E Santa Cruz

By Laws Committee Chairperson (3)

Area 7 Morrissey

Delegate-At-Large (3)

Area 8 Santa Cruz Downtown

So for a valuable, satisfying and rewarding experience come and be of service to your fellowship!!

## **New Meetings (Please find the latest meeting schedule at [aasantacruz.org](http://aasantacruz.org))**

### **Service Opportunities**

#### **24 Hour Diverter - 24 hour call line staffed by A.A. members.**

Arguably one of the most rewarding service positions in Santa Cruz County AA. If you're looking for a great way to be of service then volunteer to cover one of the call line times. Call central office to sign up: **475-5782**

*"I am responsible -  
When anyone, anywhere, reaches out for help  
I want the hand of A.A. always to be there.  
And for that: I am responsible."*

The times of monthly service opportunities are continually changing so there is almost always a time that will fit into your busy schedule. The service commitment consists of being available to take and respond to phone calls for a 2 to 4 hour shift once a month. To volunteer or for more information please call Central Office.

**Overheard at Meetings\*(humor and sayings)\*not really overheard, not breaking anonymity, just passing on a smile :-)**

" Holding a resentment is like taking poison and waiting for the other person to die."

"Remember to Q-TIP ( **Quit Taking It Personally**)"

God, grant me the serenity to accept the people I cannot change,  
the courage to change the one I can,  
and the wisdom to know it is me.

.Reminder: The proposed by-law changes will be voted on this month @ intergroup meeting, so bring your groups' consciousness( or conscience) with you!

Suggestion: A wonderful gift for those who may be locked up and have no access to digital media (or anyone for that matter) would be a subscription to AA's **GRAPEVINE**..... Help give the gift of recovery to our fellow suffering alcoholics who have limited access

**Also: all of the beginning of the year major expenses, (annual rents, etc.) have just been paid so the coffers are low, be as generous as you can, please, and spread the word! Thanks!**

## The Chairs Corner



Art work by Ken C

### **We admitted we were powerless over alcohol-that our lives had become unmanageable.**

Step 1 AA big book

It is December 15, 2012 1PM this Saturday afternoon as I sit down in front of the fire thinking about my life and the gift of sobriety. I have just returned from dropping my daughter off at her Holiday Barn Party with her equestrian group and decided it was a good time to write the Chairs Corner article for January. I was smiling ear to ear thinking how I used to be this time of the year, totally plastered. I would be planning how to stay away from my responsibilities so I could drink endlessly. Today I get to be in the moment living a sober life beyond my wildest dreams.

When I took step1 with my sponsor he gave me an assignment after our meeting to write down as many things that I could remember of how I was powerless over alcohol. When we met the next time I figured I was going to give him my assignment and move onto step two.

He had other ideas for me which totally took me by surprise. He said that step 1 is a two part step; I had completed the first part so let's talk about the second part. "How has your life become unmanageable?" was the question, I was at a loss for words here. I thought that I had been doing an outstanding job of managing my life; I had the house, wife, 2 kids, cars, and great job, everything under control. At this time my sponsor pointed out a few of the things that I had shared with him, like how I put all of the things I just listed in jeopardy by my drinking. Driving drunk with my family in the car and several other things. I instantly had that ohhh feeling, and realized how much I was fooling myself with materials things in relation to the manageability of my life.

The assignment for part two was to write down all of the situations that had become unmanageable as a result from my drinking. Upon completing this part, I was really feeling that pink cloud. I felt like I had grown personally more in this 2 week period than in the past 30+ years of my life. I forgot to mention that I thought that I would be starting on step 4 with my sponsor. I had been going to meeting and staying sober for about 3 weeks before I had asked this person to be my sponsor. During this time I did steps 1, 2, and 3 on my own. My sponsor suggested we start on step 1. By being honest with myself and following a few simple suggestions, I was feeling like I was a part of this new way of life called AA.

I am so grateful to my sponsor and AA for giving me the tools to truly live to love life, one day at a time.

**In Service as your SCCI Chair and current author of The Chairs Corner.**

**Rick A.**

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