



# Memorial Day Weekend Alcathon

Sunday May 26, Monday May 27, 2024

## Using AA Slogans

Featuring a Monday Memorial Meditation Meeting

To Honor Those We Have Loved and Lost (Candles Optional)

<b>Sunday 5/26</b>	<b>Time</b>	<b>Monday 5/27</b>
<b>*Open Discussion</b>	<b>7:00AM</b>	<b>Living Sober*</b>
Using the 24-hour plan	<b>9:00AM</b>	Live and Let Live
Making Use of Telephone Therapy	<b>10:30AM</b>	Getting Plenty of Rest
<b>* Came to Believe</b>	<b>12:00PM</b>	<b>Tradition Study*</b>
First Things First	<b>1:30 PM</b>	Looking Out for Overrelation
Avoiding Dangerous Drugs and Medications	<b>3:00 PM</b>	Eliminating Self Pity
Steering Clear of Emotional Entanglements	<b>5:00PM</b>	<i>Memorial Day Meditation As We Understand It</i>
<b>*Step Study</b>	<b>7:00 PM</b>	<b>Living Sober*</b>
Letting Go of Old Ideas	<b>9:00PM</b>	Trying the Twelve Steps

### **\* SITV Regularly Scheduled Meetings**

(All times are Pacific Standard Time)

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