

SOBRIETY IN THE VILLE

Memorial Day Alcathon

Sunday, May 25 and Monday, May 26, 2025

Sunday, May 25, 2025:

TIME	TOPIC
7:00am	Open Discussion
9:00am	Using the 24-Hour Plan
10:30am	Making Use of Telephone Therapy
12 Noon	Came to Believe
1:30pm	Grieving in Recovery
3:00pm	Avoiding Dangerous Drugs and Medications
5:00pm	Steering Clear of Emotional Entanglements
7:00pm	Step Study
9:00pm	Letting Go of Old Ideas

Monday, May 26, 2025:

TIME	TOPIC
7:00am	Living Sober
9:00am	Live and Let Live
10:30am	Getting Plenty of Rest
12 Noon	Traditions Meeting
1:30pm	How Service Can Keep You Sober
3:00pm	Getting Over Self Pity
5:00pm	Memorial Meditation as We Understand It
7:00pm	Living Sober
9:00pm	Trying the Twelve Steps

ZOOM ID: 763-770-9535, Password: makemyday

All meetings are Pacific Standard Time

www.sobrietyintheville.com