

# *The GRAPESCCIN* Santa Cruz County InterGroup NEWSLETTER



APRIL 2026

Central Office

5732 Soquel Dr.

Soquel CA 95073

Mon-Fri 9am-5pm ~ Sat  
10am-2pm ~831-475-5782

Sundays & most holidays  
closed [aasantacruz.org](http://aasantacruz.org)~

To submit fliers, writings, art,

etc to the Grapesccin

Newsletter email

[newsletter@aasantacruz.org](mailto:newsletter@aasantacruz.org)

Are you looking for a service position? The Central Office needs volunteers for general office duties and answering phone calls.

Area Reps needed to represent a greater area of multiple meetings and be a bridge of communication for the groups and Santa Cruz AA central hub. **OPEN ~Area 1- Watsonville-La Selva ~ Area 6- Eastside ~ Area 9- Westside/Davenport ~ Area Z- the Zoom only meetings.**

Officers open-- Chair, Treasurer, Recording Secretary, Bylaws. These are important service positions that keep our fellowship running smoothly. Please follow the link to our bylaws page for a thorough description of each available position >[Service Descriptions](#)

BEN LOMOND FELLOWSHIP

# Take Your Sponsor to Dinner Event

Saturday, April 18, 2026 • 5 PM

St. John's Catholic Church  
(120 Russell Ave, Felton)

*Lasagna,  
Bread & Salad*



**\$15 Suggested Donation**

*Dessert Auction & Raffle Prizes!*

Guest Speakers: **WADE D**

Take your sponsor to dinner  
and come share in the  
*Experience, Strength,  
and Hope of the BLF!*

1PM Sunday Jade St Park  
April 5th Capitola  
**CRUZY PAA ELECTIONS**

For  
Service Positions



# SANTA CRUZ INTERGROUP PRESENTS

## FOUNDER'S FEST

SATURDAY  
JUN 13, 2026  
12-4PM

DeLaveaga Park  
855 Branciforte Dr  
Santa Cruz, CA 95065



"Impeccable coats of tan ones sees upon the well-to-do"

Prepare to picnic & party  
Delicious eats  
Music  
Speaker  
Kid stuff

SANTA CRUZ INTERGROUP PRESENTS

# PAWS & PROGRESS!

SIT. STAY. SOBER.

TOPIC: HOW HAS SOBRIETY AFFECTED MY DOG?

APRIL 18, 2026  
10:00-11:00 AM

UNIVERSITY TERRACE PARK  
369 MEDER ST

BRING A CHAIR AND YOUR FUR PUP!

THIS IS AN OPEN MEETING OF ALCOHOLICS ANONYMOUS.  
YOU DO NOT NEED TO BRING YOUR DOG, BUT MAYBE DON'T BRING YOUR CAT.



ONE DAY AT A TIME, ONE PAW AT A TIME



SANTA CRUZ  
AA INTERGROUP'S

# APRIL BIRTHDAY SPEAKER MEETING

APRIL 4TH  
5:30PM DOORS • 7:00PM START

## JIM C.

SOBER SINCE 1/2/94  
ODAAAT GROUP

HOSTED  
BY:  
SOQUEL  
ACCEPTANCE  
GROUP

MID-COUNTY SENIOR CENTER  
829 BAY AVE • CAPITOLA, CA



For more info on business meetings (locations, zoom links, etc) click on this link from our AA Santa Cruz website to our Business Meetings section >>> [CLICK HERE](#)



## Service & Committee Meetings – April 2026

-  **Bridging the Gap**  
📍 Capitola Diner 🌙 Sunday, April 5 • 4:00 PM
-  **Cruzypaaa**  
📍 Jade Street Park 🌙 Sundays, April 5 & 19 • 1:00–2:00 PM
-  **Intergroup Council**  
📍 MidCounty Senior Center 🌙 Wednesday, April 8 • 7:00–8:30 PM
-  **General Service District Meeting**  
📍 Mid County Senior Center & Zoom 🌙 Wednesday, April 15 • 7:30–9:30 PM  
(Orientation at 6:45 PM)
-  **Web Committee**  
📍 Thursday, April 9 • 7:00–8:00 PM
-  **Bylaws Committee**  
✉️ Tuesday, April 14 • 6:00 PM
-  **Intergroup Steering Committee**  
📍 Wednesday, April 18 • 7:00–8:30 PM
-  **H&I Committee**  
📍 Thursday, April 16 • 6:00–7:00 PM
-  **Joint Committee on Safety • 6:00 PM**  
✉️ [safety@asantacruz.org](mailto:safety@asantacruz.org) • Fourth Thursday
-  **Accessibilities Committee**  
✉️ [accessibility@asantacruz.org](mailto:accessibility@asantacruz.org) • Fourth Tuesday

## **Did you know we now have an ACCESSIBILITIES COMMITTEE?**

**For what purpose?** To explore, develop, and offer resources to alcoholics with significant barriers to receiving the Alcoholics Anonymous message and to participating in our program of recovery. We want A.A. to be available to all alcoholics who reach out for it.

**For Who?** Approximately 20% of Americans identify as disabled, and we can expect that alcoholics of all ages are disabled. These disabilities may be apparent (such as using a walker and being hard of hearing) or invisible (such as a learning disability or mental health diagnosis). The Accessibilities Committee is run by, and for, disabled alcoholics and their allies.



Click on this link for more information and to get involved, we welcome your support!

[Accessibilities LINK](#)



# Join the Santa Cruz District PI/ CPC Committee

*Public Information Cooperation with Professional  
Community*

## Help Carry the Message Beyond the Meeting Room

Meets: Monthly on the 3rd Wednesday on Zoom

Email: [PICPCSantaCruz@GMAIL.COM](mailto:PICPCSantaCruz@GMAIL.COM) for more information



### What We Do

We provide accurate information about Alcoholics Anonymous to the public and professionals through literature, presentations, and outreach while upholding A.A's Traditions



### Our Projects Include:

- Pamphlet racks and posters in libraries, clinics, and rehabs
- Welcome Home QR flyers for waiting rooms
- Presentations for schools, probation, and professionals
- Tabling at community and recovery events



### PI/CPC Group Representatives

- Be your group's PI/CPC Representative (1-year sobriety and 1-year term)
- Attend monthly meetings: email contact above for zoom link
- Bring PICPC updates back to your groups



### District Outreach Volunteer Subcommittee

For A.A. members who want to help but aren't a group representative. Join a subcommittee that supports outreach and public info.

**Get Involved. Get Connected. Carry the Message.**

*Attraction - not promotion • Cooperation - not affiliation*



(art submitted by member; Brett W)

**The origins of Step 4** trace back to the spiritual practices of the Oxford Group, which heavily influenced early AA. Members were encouraged to take personal inventory, admit

faults, and make amends, principles that later became core to AA's program.

Bill Wilson and Dr. Bob Smith saw that recovery required more than just stopping drinking, it required clearing away the internal conditions that led to it. Resentment, fear, guilt, and dishonesty were identified as key obstacles to sobriety.

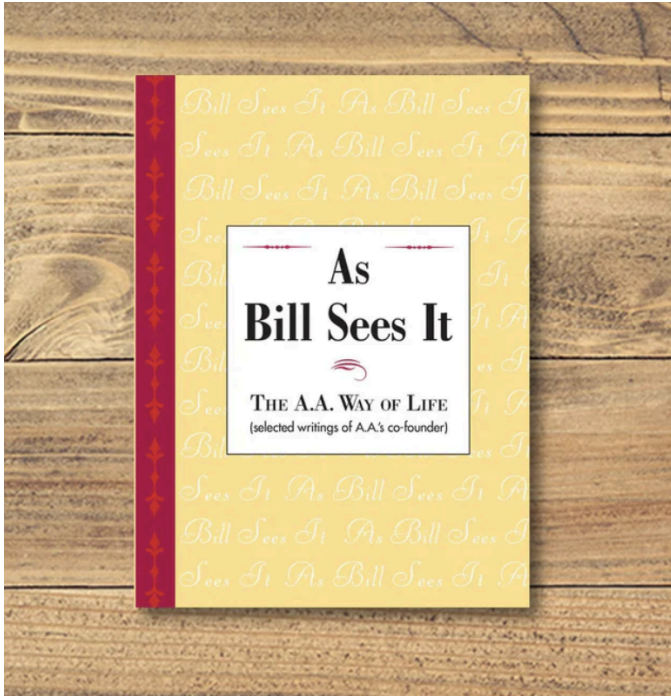
**“Resentment is the number one offender. It destroys more alcoholics than anything else.”**

This insight shaped the way inventories were done; focusing not just on actions, but on patterns of thinking and emotional reactions.

The emphasis on completing step 4 was not on perfection, but on willingness, honesty, and momentum.

**Get 'er done!!**

## A.A. Literature~ AS BILL SEES IT

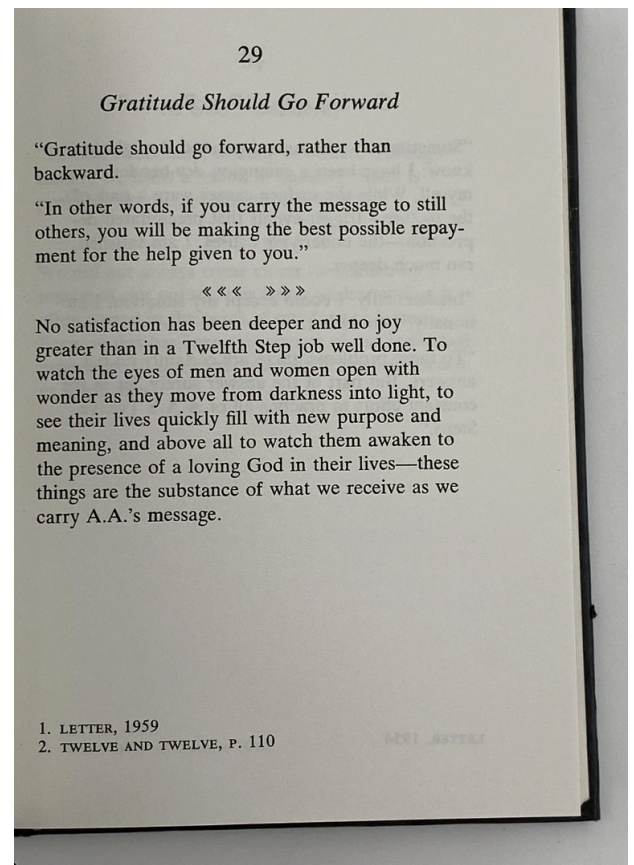


**“In every A.A. story, pain has been the price of admission into a new life. But this admission price purchased more than we expected. It led us to a measure of humility, which**

**we**

**soon discovered to be a healer of pain. We began to fear pain less, and desire humility more than ever.”**

**- As Bill Sees It.**



**Acceptance is the answer to ALL of my problems today.**

**(Submitted by member B.M.)**

*Could it actually be true that making this one conscious choice, practicing acceptance, is all I need to do to find the correct answer to every problem I believe I have?*

*That sounds way too simple!!*

*What does it mean to practice acceptance? It does not mean I must approve- I*

*can practice*

*acceptance with no*

*need for demanding*

*that I am happy or*

*satisfied with the*

*situation. Acceptance*

*means I have found*

*that middle ground of*

*being at peace with the*

*issue, rather than the*

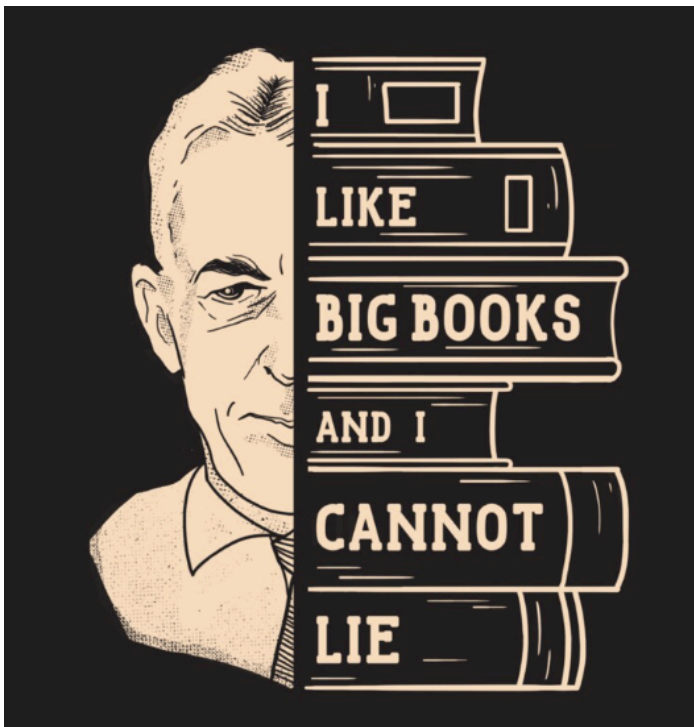
*automatic default of*

*being at war with it.*

*Acceptance means there's nothing that requires me to change anything outside of myself. Everything must*



*simply be seen for what it actually is, not for the meaning I attach to it. Before I can accept the situation, I first must be willing to set aside everything I think I know about the situation. I must choose to drop my particular interpretation, my bias, and allow the situation to be exactly the way it is. (Relief from stress and worry begins to lift the darkness with which I have unknowingly painted that person, place, thing, idea, feeling, or behavior.) I must see it undressed, in its raw, uninterpreted form. I have to take myself out of it.*



## A word from our sponsors....

**“Being a sponsor - carrying out our primary purpose (helping another alcoholic), getting out of self and staying in the work myself. Sponsoring is the blight of my life bringing me much joy”**

**~Renee**

