



*The GRAPESCCIN*  
*Santa Cruz County InterGroup*

**NEWSLETTER**

**MARCH 2026**

Central Office

5732 Soquel Dr.

Soquel CA 95073

Mon-Fri 9am-5pm ~ Sat

10am-2pm ~831-475-5782

Sundays & most holidays closed [aasantacruz.org](http://aasantacruz.org)

Are you looking for a service position? The Central Office needs volunteers for general office duties and answering phone calls.

Area Reps needed to represent a greater area of multiple meetings and be a bridge of communication for the groups and Santa Cruz AA central hub. **OPEN Area 1, Area 5, Area 6, Area 7, Area 8, Area Z.** ~Area 1- Watsonville-La Selva ~ Area 7-Santa Cruz Downtown, the Fellowship and a few other meetings at London Nelson and Vets Hall. ~ Area 5- Capitola-Live Oak ~ Area 6- Eastside ~ Area 8- The little red church ~ Area Z- the Zoom only meetings.

Officers open-- Chair, Treasurer, Recording Secretary, Bylaws. These are important service positions that keep our fellowship running smoothly. Please follow the link to our bylaws page for a thorough description of each available position >[Service Descriptions](#)

**SANTA CRUZ COUNTY INTERGROUP**

# March Birthday Speaker Meeting

**March 7th**

**DOORS 5:30PM  
MEETING 7:00PM**

**MID-COUNTY SENIOR CENTER**  
829 BAY AVE • CAPITOLA

**Janie O.**  
*Sober Date: 11/23/2001  
Brentwood*

**CRUIZPAAP'S**

# PIE BEFORE 6 EXCEPT AFTER 6

**PIE BAKING CONTEST  
AND  
BIG BOOK SPELLING BEE  
[WITH PRIZES]**

**6PM MEETING, 7PM PIE CONTEST  
7:30PM SPELLING BEE  
SATURDAY MARCH 14TH  
4525 SOQUEL DR, SOQUEL  
\$10 SUGGESTED DONATION**

**SANTA CRUZ INTERGROUP PRESENTS**

# FOUNDER'S FEST

**SATURDAY JUN 13, 2026 12-4PM**

DeLaveaga Park  
855 Branciforte Dr  
Santa Cruz, CA 95065

"Impeccable coats of tan ones sees upon the well-to-do"

Prepare to picnic & party  
Delicious eats  
Music  
Speaker  
Kid stuff

SANTA CRUZ INTERGROUP PRESENTS

# PAWS & PROGRESS!

SIT. STAY. SOBER.

**TOPIC: HOW HAS SOBRIETY AFFECTED MY DOG?**

APRIL 18, 2026  
10:00-11:00 AM

UNIVERSITY TERRACE PARK  
369 MEDER ST

BRING A CHAIR AND YOUR FUR PUP!

THIS IS AN OPEN MEETING OF ALCOHOLICS ANONYMOUS.  
YOU DO NOT NEED TO BRING YOUR DOG, BUT MAYBE DON'T BRING YOUR CAT.

ONE DAY AT A TIME, ONE PAW AT A TIME



## Service & Committee Meetings – March 2026



### Bridging the Gap

📍 Capitola Diner 🌙 Sunday, March 1 • 4:00 PM



### Cruzypaaa

📍 Jade Street Park 🌙 Sundays, March 1 & 15 • 1:00–2:00 PM



### Intergroup Council

📍 MidCounty Senior Center 🌙 Wednesday, March 4 • 7:00–8:30 PM



### General Service District Meeting

📍 Mid County Senior Center & Zoom 🌙 Wednesday, March 11 • 7:30–9:30 PM  
(Orientation at 6:45 PM)



### Web Committee

📍 Thursday, March 12 • 7:00–8:00 PM



### Bylaws Committee

✉️ Tuesday, March 17 • 6:00 PM  
✉️ [bylaws@asantacruz.org](mailto:bylaws@asantacruz.org)



### Intergroup Steering Committee

📍 Wednesday, March 18 • 7:00–8:30 PM



### H&I Committee

📍 Thursday, March 26 • 6:00–7:00 PM



### Joint Committee on Safety (Events)

✉️ Thursday, March 26



### Accessibilities Committee

📍 Tuesday, March 24 • 5:00 PM

✉️ [accessibility@asantacruz.org](mailto:accessibility@asantacruz.org) • Fourth Tuesday

## **Did you know we now have an ACCESSIBILITIES COMMITTEE?**

**For what purpose?** To explore, develop, and offer resources to alcoholics with significant barriers to receiving the Alcoholics Anonymous message and to participating in our program of recovery. We want A.A. to be available to all alcoholics who reach out for it.

**For Who?** Approximately 20% of Americans identify as disabled, and we can expect that alcoholics of all ages are disabled. These disabilities may be apparent (such as using a walker and being hard of hearing) or invisible (such as a learning disability or mental health diagnosis). The Accessibilities Committee is run by, and for, disabled alcoholics and their allies.



Click on this link for more information and to get involved, we welcome your support!

[Accessibilities LINK](#)



# Join the Santa Cruz District PI/ CPC Committee

*Public Information Cooperation with Professional  
Community*

## Help Carry the Message Beyond the Meeting Room

Meets: Monthly on the 3rd Wednesday on Zoom

Email: [PICPCSantaCruz@GMAIL.COM](mailto:PICPCSantaCruz@GMAIL.COM) for more information



### What We Do

We provide accurate information about Alcoholics Anonymous to the public and professionals through literature, presentations, and outreach while upholding A.A.'s Traditions



### Our Projects Include:

- Pamphlet racks and posters in libraries, clinics, and rehabs
- Welcome Home QR flyers for waiting rooms
- Presentations for schools, probation, and professionals
- Tabling at community and recovery events



### PI/CPC Group Representatives

- Be your group's PI/CPC Representative (1-year sobriety and 1-year term)
- Attend monthly meetings: email contact above for zoom link
- Bring PICPC updates back to your groups



### District Outreach Volunteer Subcommittee

For A.A. members who want to help but aren't a group representative. Join a subcommittee that supports outreach and public info.

**Get Involved. Get Connected. Carry the Message.**

*Attraction - not promotion • Cooperation - not affiliation*



# **We are launching a pilot project placing AA posters and literature in public libraries across Santa Cruz County.**

## **Phase 1 Pilot Libraries:**

- Capitol
- Felton
- Downtown Santa Cruz
- Aptos

## **Phase 2 Remaining Libraries:**

- Scotts Valley
- Boulder Creek
- Branciforte
- Live Oak
- Garfield Park
- Watsonville
- La Selva Beach

## **What Does Adopt-a-Library Mean?**

AA members or groups help support one library location by hanging an approved AA poster, stocking literature, and checking in quarterly. Training and materials will be provided.

Join us at our zoom meeting to get involved in the Adopt a Library Program

Wednesday, March 18, 2026

6:00–7:00 PM (Pacific Time)

Zoom (link below)

In March, we'll identify participating meetings and finalize next steps for Phase 1.

Grateful for your service and looking forward to seeing you then.

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Zoom link:

<https://us06web.zoom.us/j/85208482700?pwd=G5MlakIPfFL1P2sWREOJIrCVOP8ETx.1>

Meeting ID: 852 0848 2700

Passcode: 056033





**STEP 3 ~ MADE A DECISION TO TURN OUR WILL AND OUR LIFE OVER TO THE CARE OF GOD AS WE UNDERSTOOD HIM**

**Original Art by member Brett W**

### **Step 3: A Personal Story**

**“I was raised quite religiously, I always thought I had a great relationship with God, so when I got to step 3 I was confused; hadn’t I already turned my will and my life over? I tried to do it again, different or better somehow, more ritualistic maybe. What was it that I missed in religion that didn’t cure me from this disease? Sitting with this step for far too long I was in a meeting where the topic was “God” and an old timer who I love and respect said simply:**

**A.) There IS a God and**

**B.) It ain’t you**

**At that moment I felt myself well up with tears. Could it really be that simple? After all, I was taught not only all the answers but that there were right and wrong ways to perceive God. God had been overcomplicated to the max my whole life! This simple explanation broke me open. I moved forward from that day trusting in a God I didn’t have to label. A total dogma free perspective. God as I see him now is simply “the Great Unknown.” Thank you to AA for allowing and encouraging me to connect with a God “of my own understanding.” My connection is simple and authentic and one of my favorite parts about being a member of this program.” ~Jacs**

### **Tradition 3:**

**The only requirement for membership is a desire to stop drinking.**

“Why did A.A. finally drop all its membership regulations?  
Why did we leave the door wide open for anyone  
who had a drinking problem?”

The answer, of course, is  
that we wish to be just as inclusive  
as we can, never exclusive.”

– *Twelve Steps and Twelve Traditions*



## **A LITTLE BIT OF HISTORY..**

**Richmond Walker** was a pioneering member of Alcoholics Anonymous and one of the founders of the **AA Grapevine in 1944**; often called a **“meeting in print.”**

At a time when many alcoholics lived far from meetings (and before the internet!) the Grapevine helped carry experience, strength, and hope across great distances. Richmond knew recovery needed daily spiritual support, not just weekly meetings.

Drawing from early A.A. spiritual practices and member experience, he compiled and authored the daily meditation book **Twenty-Four Hours a Day**, otherwise known as **The Little Black Book**.

First published in 1948, the book provided alcoholics with a simple way to begin and end each day in recovery. For members who were isolated, hospitalized, traveling, or homebound, it became a steady companion and source of connection to A.A.’s principles.

Through both the Grapevine and *Twenty-Four Hours a Day*, Richmond Walker showed up as a humble servant and an early pioneer of creating accessibility for alcoholics everywhere. Thank you Richard!

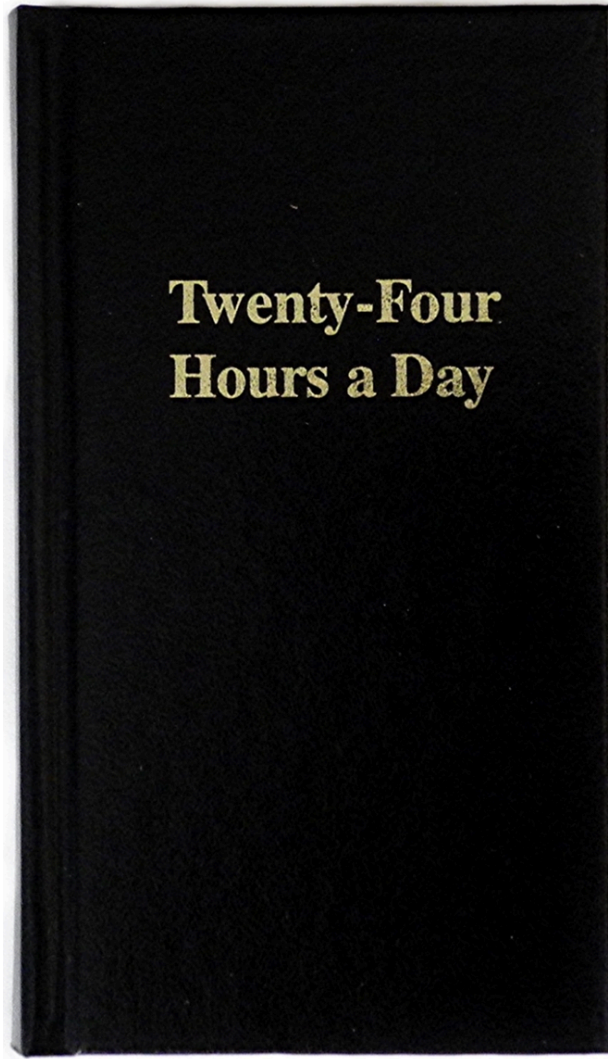


Here is a link to an original share by Richard Walker

**[Click Here](#)**

## LITERATURE FEATURE:

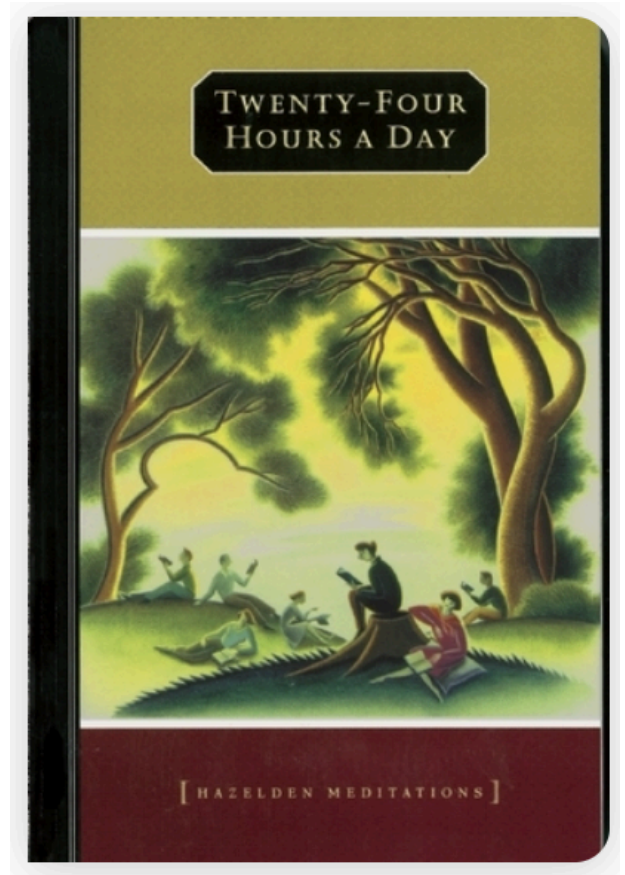
### 24 HOURS A DAY ~ AKA ~ THE LITTLE BLACK BOOK



**“Each day is a new life. I will take it one day at a time.”**

A daily reprieve in a simple book, each day features

- A thought for the Day
- A meditation for the Day
- A prayer for the Day



## A WORD FROM OUR SPONSORS...

**“I was told that a lighthouse doesn't run down the coast shining its light to save ships. I found I couldn't save anyone, but I could help them if they were willing.” ~NoMas Tomas**

YOU WILL KNOW WHAT IT MEANS TO GIVE OF  
YOURSELF THAT OTHERS MAY SURVIVE  
AND REDISCOVER LIFE.

AA Big Book 153:0



*God, grant me  
the serenity to  
accept the things  
I cannot change,*

*The courage to  
change the  
things I can,*

*and the wisdom to  
know the difference.*

A *Sponsor* is one that  
*knows* you as you are  
*understands* where  
you have been *accepts*  
what you have become  
and still gently *allows*  
you to grow.