

GRAPESCCIN JUNE 2021



May Birthdays

MAY

Don O May 5, 1970
Henry C May 16, 1983
Bart B May 12, 1985
Sharon M. May 2, 1986
Sue F May 28, 1986
Mary C May 31, 1987
M'Liss K May 6, 1988
Meg K May 6, 1991
Toni S. May 21, 1991
Doug D. May 5, 1993
Tina S. May 13, 1993
Mark R May 3, 1994
April R May 9, 1996
Steve L May 30, 1997
Lisa A. May 23, 2000
Lucie H. May 13, 2002
Linda B May 14, 2002
Ian L May 16, 2002
Judy C May 17, 2007
Gina N May 24, 2009
Natalie F May 14, 2011
Nikki W May 5 2013
Matt B May 15, 2014
Kira K May 17, 2014
Susan V May 27, 2014
Michael B May 15, 2015
Sam C. May 15, 2015
Marilyn H. May 4, 2016
In memoriam
George Rainey May 2, 1966
Jim D May 29, 1979 d. 2017
PJ F May 8, 2015 d.2020

COME TO CENTRAL OFFICE-
PICK UP YOUR FREE CHIP!

CENTRAL OFFICE NEEDS
SUPPORT. DONATIONS ARE
DOWN. PLEASE DONATE:

[https://
www.paypal.com
/paypalme/
intergroup923](https://www.paypal.com/paypalme/intergroup923)

IF IT'S YOUR BIRTHDAY
MONTH, PLEASE CONSIDER
GIVING BACK A DOLLAR
FOR EVERY YEAR YOU

BIRTHDAY SPEAKER MEETING

Saturday June 5, 2021 7:00-8:15 pm.

Speaker: Thaddious K. 8 yrs. Union City

HOST GROUP: Saved by Grace

Sobriety in the Ville- Memorial weekend, Sat 29—Mon 31, see first flyer

Service Opportunities

Intergroup NEEDS Area Reps for Areas : 1 Watsonville; 3-greater Soquel; 9- Westside/Davenport; 11- San Lorenzo Valley. Be a link between your groups and Intergroup! - 1 mtg. a month.

Intergroup: Still needs Treasurer (some bookkeeping experience preferred; time requirement waived) Call/email Magi through 831 475-5782 or come at 7 to Intergroup, and bring questions.

H & I: Please encourage your Home Groups to elect an H and I Rep and have them attend the H and I Steering Committee, 4th Wednesday of the month at 7:00 PM. or if you want to volunteer! **All Info at handisc.org.** Volunteer form there. Also form you need to get re-certified to go into jails. Zoom Meetings beginning in Water Street, Blain Street and Round Tree. Janus 5th Thursday at 8 PM needs a secretary, 6 months of sobriety is required. Contact Sabrina L., the Janus Coordinator if interested. Janus is now open as is Janus Perinatal. Blain St. needs Facilities coordinator. Contact Kat; get number from 831 475-5782.

Open Central Office shifts: Fri. 9 am- 1pm call Central office to volunteer, 1 yr sobriety.

Diverter-: Openings: 1st Tuesday of month, 5 pm-7; 3rd Monday 5 pm-7 pm; 3rd Thursday 5 pm-7, 3rd Friday 11 pm-7 am. Contact Jack through 831 475-5782 to volunteer to be on the hotline for one of these shifts.

Meetings

H & I : Wed. 7 pm, next 5/26; 6/ 23 handisc.org for Zoom link, info.

Intergroup (Open to all) : 7:30 pm. Come early if volunteer for openings.

General service: 6/9, 6:45-7:30 orientation;7:30 main meeting. Zoom link @ aasantacruz.org Calendar

Website Committee: 6/9 7-8 pm. Check Calendar.

Bylaws: Tues.6/15, 6 pm.Contact kim@kimhoganfinearts.com for info on attending

Birthday Speaker Meeting bi-monthly Business meeting: 5/27, 6:30 pm- Zoom: ID: 84167317231; PW: 8675309; next meetings (bi-monthly)- 7/22, 9/23

Newsletter Writing Group: 6/13, 4-5 pm; email grapesccin@gmail.com for info. May be held in person at Central office depending on our vote.

Upcoming Events Locally

Monterey Bay Founders Day: June 12, 6-9:30 pm: Games, Speaker, Raffle (Flyer attached with Zoom link.)

(International) **Language of the Heart women's brunch:** June 13th, register by June 5th. Will receive Zoom link when registering.

SANTA CRUZ COUNTY INTERGROUP COUNCIL: May 5th, 2021
Minutes (these minutes have not yet been approved.)
They were condensed for newsletter.

Minutes : SANTA CRUZ COUNTY INTERGROUP COUNCIL: MAY 5th, 2021

OPENING CUSTOMS:

Serenity Prayer, Preamble & 12 Traditions, Read by Dion and Marianne
Birthdays Krishna celebrating 35 years!
Approval of previous month's minutes.

REPORTS:

Chair: Magi If your meeting changes to in person meeting, please let Area Rep know, so they can inform Intergroup. Please make sure to make the change in the website via the change request form. Make sure and include the details of the location.

Vicechair: Marianne, no report.

Treasurer: OPEN Bob -report. Total Income \$2,389.00 – a little low. Total Expense \$2,093.41 – we're a little in the hole \$4.28 – we almost made it this month. Literature Act Transferred \$5,000 to Central Office Reserve Account to increase prudent reserve to one year's expenses..

Kathy asking about income for February showing as \$185.00, but she has \$212.00 in her records. Bob to double check the deposits. Kathy asked about why \$50.00 is being charged to the BSM expenses, and we have to put the expense somewhere. Bob explained that the BSM doesn't have a "separate account" it's normally a source of income for Intergroup. Kathy asked if there are expenses, please pass them off to Mary Kate who is the Treasurer for BSM.

Randy C asked about suggested donation of 10% to donate to GSO New York because New York is struggling right now. What would it look like if we adjusted our donations? Bob answered that the income we receive just pay our bills, and we've been receiving less donations, so we don't contribute to New York right. People have been going out of their way to contribute to central office.

Magi shared about the Steering Committee decision about increase the reserve account for Central Office to increase prudent reserve to a year's expenses.

Sales taxes, liability insurance and employment taxes were due for April, so we've had additional expenses.

Office Manager: Bob. Has no vacancies right now. A Daily log is being kept to be distributed to show activities of the office. There were 92 phone calls during office hours, 50 visitors and 7 12-Step calls. Birthday chips, donations, literature sales.

BSM Chair: Kathy. Income from April BSM \$256.00. May meeting was \$107.00

June Meeting Sat June 5th – Opening time 6:30 Speaker – Thaddious K. Union City 8 years. Hosted by Saved by Grace . Flier will be out soon.

July – Area 7 – Host Group. Kathy will give David a call to recruit a host group.

August – Area 8 – Host Group. Kathy will contact Joel to recruit a host group.

Pay Pal account is posted at the BSM.

She will be having a meeting with the Senior Center to go live this coming August and will finding out guidelines for that to happen. August council meeting is 8-4-2021 and the meeting is 8-7-2021.

Activities Chair: Grey – Had a meeting for the Jeopardy show on May 15th. Speaker for 30 minutes and then the games will follow. Contestants have volunteered. Is doing research for a Spring Fling for June or July and will report later. Mary K. asked about the flier, and he doesn't have one yet. Speaker is Caitlyn from Santa Cruz. Randy asked about details for the Spring Fling, but there isn't sufficient information for that yet. Steering Committee will discuss further, and all are welcome to attend.

Diverter Chair: Jack - 4 Open Shifts posted to Chat with his phone number.

Newsletter Chair: Mary. Newsletter going good. Writing group every 2nd Sunday 4:30 to 5:30. Last Newsletter has an article that was posted to the Grapevine! About Twisted Sisters. Mary got a letter that H and I Website for volunteers have not been updated for 14 months, so she's summarizing report, or any changes for the newsletter.

Bylaws Chair: Kim Bylaws are being proofed for the update to the format. Content has not changed. Will be presenting to Steering. Next Meeting May 18th 6pm.

Website Chair: Murias. Had a meeting – New Meeting Second Wednesday of every month at 7:00 pm. Meeting change form will have an online donation link for each meeting. He's going to report on traffic. Approx 4500 visitors a month, about a minute and 10 seconds. 1.7 pages per visit – most people are there for the meeting link. A Newcomer section is going to be added; a Secretary Section will be added and "What it takes to start a meeting" link also, not in any particular order. Will be posting the link to the Website committee meeting.

Recording Secretary: Kimberlee – No report.

GS Liaison: Matt: District 03 - A Member reached out about local talk radio show about breach of anonymity, outside issues and promotion. They reached out the radio station to educate them and to help alcoholics. The Station Manager was supportive and agreed to post public service announcements according to our guidelines.

GSO has gone into their prudent reserve so they're asking that if your group donates to local GSO, please send to New York INSTEAD until December, because the local GSR is happy. Do not discontinue donations to local Intergroup.

Gray asked for clarification about the radio show. Two guests gave their full names, and had opinions on outside issues, which was a representation of AA. It was WAY outside of AA guidelines, so we reached out to the radio station manager suggesting what to broadcast. David asked if it was a one-time program or an ongoing program. There was some mention of bringing the folks back as regular guests.

Magi shared the screen showing our website that there is an option to contribute to GSO in small print at bottom R, but please put our local service structure first.

H&I Liaison: David T. The website will be updated soon. He made notes in the Chat for contact information. They want to encourage all the groups to get an H and I Rep, and send them to the meeting. With meeting involvement, there will be lots of information to take back. They have a very small percentage of representation. Most meetings do not have an H and I rep. 4th Wednesday of the month. Go to handisc.org and click on the link for the meeting.

Things are opening up in different facilities. People need to update their clearances and background checks. The form and instructions are on the website. Clearances are only good for year, so almost nobody is cleared. They need Zoom people also. These need clearance also. There are currently Roundtree, Blain Street and Water Street Jail are open. They need Secretaries and people. There are some coordinator opening for Behavior Health Unit and Women's Jail, Blain Street need coordinators. They make sure the meetings are being filled and that there are Secretaries. Coordinators name and phone number in the chat. Kat is the contact, please feel free to give out her phone number. Financial report – 8 groups donated for \$671.30 Santa Cruz H and I sent \$2,000 to Nor Cal H and I. They have \$381.00 plus the Prudent Reserve of \$500.00. Janus Perinatal is going to open pretty soon for in person meetings. Big Janus-5th Thursday at 8:00 pm Secretary position available.

OLD BUSINESS:

- Open Positions: Treasurer, Magi gave report about Treasurer responsibilities and asked for volunteers – none.

Area 1 Rep,(no one available)

Area 3 Rep,All of Soquel but White Church – now still open

Area 9 Rep, West Side and Davenport – now still open

Area 11 Rep SLV – now still open

NEW BUSINESS: None tonight

Area Rep Reports:

Area 1 (Watsonville/La Selva): OPEN

Area 2 (Aptos): Darcy – Attended Aptos Women’s Serenity Group, asked for an Intergroup Rep, but they will continue to announce.

Area 3 (Greater Soquel): OPEN

Area 4 (Soquel Main St): Julie – no report

Area 5 (Capitola/Live Oak): Rick – Everything’s okay in Area 5 – Live on Friday night, check to see if they have a Rep. Made some other calls.

Area 6 (East Santa Cruz): Jordan, The Gault House SLE is going live with meetings – it’s up on the Website for location. They are open meetings Wednesday Nights at 6:00pm

Area 7 (Downtown Santa Cruz): David H. Nothing to report at this time.

Area 8 (“Little Red Church” Downtown): Joel – Nothing to report at this time.

Area 9 (Westside/Davenport): OPEN

Area 10 (Scotts Valley/Emeline): Dion – Went to Monday, From the Heart, they don’t have Rep so he pitched Intergroup.

Area 11 (SLV): OPEN

End of Agenda: Three Take Aways:

June 5- BSM , 7 pm

Jeopardy Game May 15th

Diverter Shifts – 4 of them

Grapevine and La Viña Celebrate Founders' Day with 2 Weeks Free Access!

That's right, y'all. **From May 26th through June 10th, The Grapevine/La Viña will provide [free access](#) to their publications to celebrate A.A.'s inception.** Hear it in their own words below:

"On June 10, 1935, Dr. Bob had his last drink and that day marks the founding of Alcoholics Anonymous. Since so many meetings are still closed, and groups have limited ability to celebrate our founding, Grapevine and La Viña will help mark this important date by giving everyone free access to our websites for two weeks. You will be able to read and listen to stories from current and past issues, access our sobriety calculator, read the daily quote, learn how you can contribute your story, and find ways to serve others using Grapevine and La Viña magazines."

This is a great opportunity to catch up with your "Meetings in Print" as provided by [AAsfmarin.org](https://aasfmarin.org). in addition, this month's issue is on Dating and Relationships in Sobriety....Check it out!

COVID update

Also, many of our meetings are considering going in-person again. (Some outdoor ones already have, and the Ben Lomond Fellowship and Santa Cruz Fellowship have taken some meetings live.)

Groups are checking in with their locations and discussing it at their business meetings. Last week, AA SF/Marin held a large Town Hall, and I am providing a link to their comprehensive report. Please read it to take an informed mind to your business meetings.

<https://aasfmarin.org/resuming>

Communication and Fellowship

By Peg P.

5/9/2021

In December of 2009, I checked myself in to a dual diagnosis treatment center for an eating disorder. On my first full day I met explained to the intake psychiatrist that I did not want to drink alcohol or do drugs any longer, and furthermore, I wanted to surround myself with people who also no longer wanted to drink or use. That good-listening, kind-hearted doctor heard me, and he created a program for me which enabled me to focus on many issues through several twelve-step programs, including AA.

After 45 days in treatment, I returned home to a newly sober husband, and we had the good fortune to spend the next two years together, immersed in the rooms of Alcoholics Anonymous. As advised, we worked our own individual programs, went to some meetings together, and many meetings alone, we did not sponsor one another, nor did we ask each other questions like, *what step are you on, or have you talked to your sponsor about that?* We dove into service, especially activities at the Watsonville Fellowship. We built a new community, more like a family, for ourselves with our new found AA friends. We learned a whole new language, a new manner of speaking to one another, and a new way of being together. Despite the fact that we had been pretty happy for most of our relationship, we were happier together in our sobriety. By living and working our AA programs, growing in our sobriety and recovery, and watching you model kindness, love, tolerance, honesty, communication, and fellowship we learned how to practice these same things, how to practice the principles in all our affairs.

Then, one day shy of two years after the day I returned home from treatment, my beloved husband David suffered a massive heart attack and died in my arms, in the wee hours of the morning on January 30, 2012. He was 56 years old; I was 53.

When David died, the first person on the scene was our firefighter friend, Matt, who walked in to my house calling out, "Peg, it's Matt, I'm here." And you know, I felt immediately cradled in the collective hands of the Watsonville Fellowship right then and there. Then my sponsor Wendy came. I called her and despite the fact that she had had little to no sleep, she was by my side. And then my friend Barb came; she instantly started calling people. Before long I looked around and my home was filled with people from AA. People from the Watsonville Fellowship, Make My Day, and Mud Flats, as well as other fellowships to which we belonged. They brought food, made coffee, washed dishes, answered the phone, took my car for its scheduled tune up, and then came back the next day and the day after, and the day after that. My house was filled with my family of blood surrounded by my family of heart. You all kept coming back; you cleaned my yard, organized food, hauled tables and chairs and canopies in, hauled trash out, mowed and trimmed and planted as we readied my home for David's memorial event. You hugged me, stood by my side, cried with me, talked-story about Super-Dave as you called him. You showed up. In your sobriety, as part of your recovery. You showed up for me, but really you showed up for David. For your brother in sobriety.

You came that morning, on and off that next week, to the memorial event, some of you took me to meetings, others of you brought meetings to me. You continued to show up throughout that first year after his death. You continue to do so today, over nine years later. You taught me how to show up for

you and others, how to put my higher power and my sobriety ahead of all else, how to live a life of recovery, which for me embraces crucial skills and attributes like communication and fellowship.

My husband's death was the fifth death of a close friend or family member in my first two years of sobriety. When I was three months sober, my father had a stroke and died. Just four months after that my other (step) father died from melanoma. About a year later my dear friend Joanne died from breast cancer, and then my life-long friend Phyllis also died from breast cancer, the day before David died. I am moved to say that throughout all of this loss, because of you, of the ways you communicated with me, with us, the ways you fellowshiped with me, with us, because of all the things you do and ways you are in the name of sobriety, I am still sober today, working a solid program of recovery, in the rooms of Alcoholics Anonymous.

It is because of Alcoholics Anonymous and the depth of it in my life that I am able to focus on the other "isms" with which I have been plagued. I needed the clarity of mind that came with my sobriety in order to do this work. It is ironic to me that for the first 50 years of my life I lived in fear of becoming an alcoholic like my father. But from that first time I uttered the words, "Hi, I'm Peg, and I'm an alcoholic" my life has only gotten better and better, even through the deaths (and the births and graduations and bad days and good). The best thing I ever did for myself was to admit to my alcoholism, and immerse myself in Alcoholics Anonymous. As I look back to that first day in treatment when I stated my desire to stop drinking and to surround myself with like-minded people, and then I fast forward to today, I see how my higher power has absolutely done for me what I was unable to do for myself.

What an absolute blessing.

Sobriety in The Ville

Virtual Memorial Day Weekend Alcathon

Saturday May 29, Sunday May 30, Monday 31, 2021

TIPS AND TRICKS FOR SOBER LIVING

Including a Saturday Panel on Service, Spirituality, Sponsorship, and Steps
and featuring a Monday Memorial Meditation Meeting (candles optional)
to honor those we have loved and lost

	<u>Saturday 5/29</u>	<u>Sunday 5/30</u>	<u>Monday 5/31</u>
7AM	OPEN DISCUSSION	OPEN DISCUSSION	LIVING SOBER
9am	Staying Away From the First Drink	Getting Active	Using the Serenity Prayer
10:30am	Changing Old Routines	Eating or Drinking Something Sweet	Availing Yourself of a Sponsor
NOON	AS BILL SEES IT	CAME TO BELIEVE	TRADITIONS
1:30pm	*Speaker Panel (Please see detail below)	Fending off Loneliness	Watching Out For Anger and Resentments
3pm	*Speaker Panel continued	Being Good to Yourself	Easy Does It
5pm	Being Grateful	Remembering Your Last Drunk	Memorial Meditation Meeting
7PM	SPEAKER / DISCUSSION	STEP STUDY	LIVING SOBER
9pm	Seeking Professional Help	Getting Out of the "IF" Trap	Being Wary of Drinking Occasions
10:30pm	Going to AA Meetings	How to Explain Why I'm Not Drinking Now	What About Drinking Dreams

(All times are Pacific Standard Time)

*Saturday Panel: Begins at 1:30, Service 1:45-2:15, Spirituality 2:15-2:45; Intermission 2:45-3:00, Sponsorship 3:00-3:30, Steps 3:30-4:00, Ending with Q&A between members and panelists 4:00-4:30

Sobriety in The Ville, Zoom ID: 761-770-9535, Password: makemyday

Dial In: 1669 900 9128, Password: 933154912#

Email: sobrietyintheville@outlook.com

SANTA CRUZ INTERGROUP

PRESENTS

BIRTHDAY SPEAKER MEETING

HOSTED BY: SAVED BY GRACE

THADDIOUS K. — 8 YEARS
UNION CITY, CA

JUNE 5, 2021 7-8:15 PM PST

ZOOM ID: 891 4678 6139
PASSCODE: 8675309
DIAL IN (669) 900-9128

7TH TRADITION
PAYPAL.ME/INTERGROUP923
ADD A NOTE—"BSM-6/5/21"



Founders' Day 2021

86th Anniversary of Alcoholics Anonymous

**Save the dates:
June 12th & 13th**

**The 86th annual Founders' Day celebration will
be held as a virtual event.**

**For registration and details, please refer to
Foundersday.org**

*In love and service,
The Founders' Day Committee*

MBAIAA  Presents

Founders Day

A Virtual Celebration

Saturday, June 12 2021 6pm-9pm

Zoom ID: 652-224-0517

Password: 061035

**Speaker: Mary B
Walnut Creek, CA**

Fellowship-Unity-Trivia-50/50 Raffle-Prizes

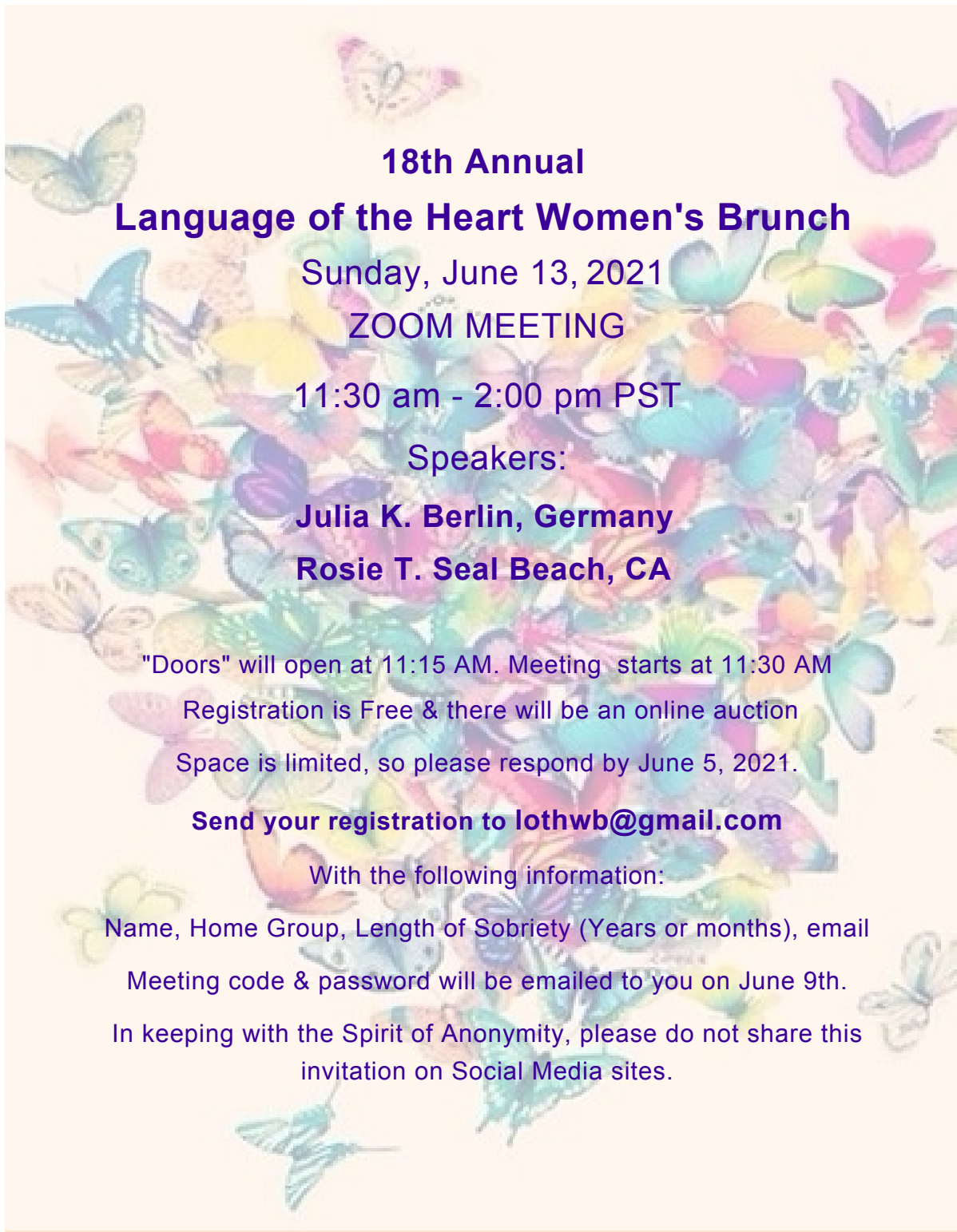
6-6:45 : Games & Fellowship

7-8:00: Speaker

**8-9:00: Raffle-Games-Prizes &
Fellowship**

50/50 Raffle Tickets  3/ \$5.

Venmo: @aamonterey comment "Raffle"

The background of the entire page is a dense, artistic illustration of numerous butterflies in various colors including blue, green, yellow, orange, pink, and purple. The butterflies are scattered across the page, some appearing larger and more detailed than others, creating a vibrant and lively atmosphere.

**18th Annual
Language of the Heart Women's Brunch**

Sunday, June 13, 2021

ZOOM MEETING

11:30 am - 2:00 pm PST

Speakers:

Julia K. Berlin, Germany

Rosie T. Seal Beach, CA

"Doors" will open at 11:15 AM. Meeting starts at 11:30 AM

Registration is Free & there will be an online auction

Space is limited, so please respond by June 5, 2021.

Send your registration to lothwb@gmail.com

With the following information:

Name, Home Group, Length of Sobriety (Years or months), email

Meeting code & password will be emailed to you on June 9th.

In keeping with the Spirit of Anonymity, please do not share this invitation on Social Media sites.

BIARRITZ (France) **INTERNATIONAL**
VIRTUAL A.A. CONVENTION

'NOW EXTENDED TO A WEEKEND EVENT'
25 - 27 JUNE 2021 (IN ENGLISH)

LOVE AND SERVICE

To get the Zoom login URL & password, Simply go to **REGISTRATION** and click on the PayPal button at the bottom of the page. There is no form to fill out, you will receive access details from us promptly before the event, and from PayPal instantly

ALL SPEAKERS;
EXPERIENCED LONG-TIME MEMBERS,

Ilir T. (USA), John F. (USA), Joe K. (USA), Jay C. (USA), Joe C. (USA), Kiki R (USA), , America K. (USA), Paul McC. (IRL), Colin F (UAE), Sean N. (IRL), Clive B. (UK) & others
Lead speakers include Bob Darrell Las Vegas (NV) & Karen Casey (author Each Day a New Beginning)

AN AA FELLOWSHIP EVENT

AL-Anon & YPAA, Participation

RECOVERY AND ECONOMY

NO TRAVEL! NO HOTEL! NO RESTAURANT!

'NO EXPENSE!'

WEBSITE: <https://aavirtualconventionbiarritz.com>

CONTACT & INFO: babanglophonegroup@gmail.com

GUIDELINES

ROOM #1 is for AA meetings

ROOM #2 is for Al-Anon meetings

1, WHERE DO THE MEETINGS TAKE PLACE? See <https://aavirtualconventionbiarritz.com/programme>

2, WHAT TIME/S ARE SPECIFIC MEETINGS AT? See <https://aavirtualconventionbiarritz.com/programme>

3, WHAT TIME IS THAT IN MY LOCAL TIME ZONE? See Time-zone converter [available here](#)

4, WHAT ARE THE LOGIN/PASSWORDS FOR THE ROOMS? See Logins & Passwords Page [available here](#)

5, VOLUNTEER TECH-HOSTS AND CO-HOSTS WELCOMED
Contact email: babanglophonegroup@gmail.com

6, OTHER QUESTIONS, GENERAL IN NATURE.
Contact email: babanglophonegroup@gmail.com

We look forward to meeting you at the event, and hope you enjoy a great time with us all.

USE YOUR PAYPAL ACCOUNT OR CREDIT/DEBIT CARDS TO [REGISTER](#)

Biarritz Virtual Convention committee Email: babanglophonegroup@gmail.com

ICYPAA PANELISTS WANTED

Know someone going to New Orleans in 2021
that would be PERFECT for a panel?

SUBMIT THE PERSON'S NAME
ALONG WITH THEIR
SUGGESTED TOPIC TO
PROGRAM@ICYHOST.ORG

PRE-REGISTER NOW FOR THE 62ND INTERNATIONAL
CONFERENCE OF YOUNG PEOPLE IN ALCOHOLICS
ANONYMOUS FOR \$30 AT
ICYPAA.ORG/REGISTRATION.

