

OCTOBER 2021 GRAPESCCIN

September Birthday List

SEPTEMBER

Phil S. 9/26, 1976
Jean W. 9/30, 1978
Maria F. Sept 1981
Betsy H. 9/27, 1982
Jill S. Sept 1984
Carl H. 9/4, 1984
Carolina 9/15, 1984
Coco C. 9/18, 1986
Claire S. Sept 1987
Jennifer P. 9/26, 1987
Lanie C. 9/5, 1989
Gail L. 9/13, 1992
Tim B. 9/21, 1992
Ron H. 9/11, 1997
Eileen E. 9/5, 1998
Rick A. 9/1, 2001
Jeremiah C. 9/5, 2002
Valerie C. 9/5, 2002
Brian S. 9/20, 2006
Russ A. 9/20, 2006
Mac B. 9/25, 2006
Johnny H. 9/29, 2007
Karena B. 9/8, 2010
Scott F. 9/26, 2011
Brian O. 9/1, 2012
Reb B. 9/9 2012
Lydia E. 9/28, 2012
Kristin S. 9/13, 2013
Stephen H. 9/16, 2013
Stephanie S. 9/7, 2015
Marisol 9/19, 2016

Email:
grapesccin@gmail.com

to be added.

Pick up chip at
Central Office as the
Birthday Speaker
Meeting is still
zooming!



BIRTHDAY SPEAKER MEETING

Saturday, October 2 - 7:00-8:15 pm.

Speaker: Ted R., San Francisco 34 yrs.

hosts: From the Heart

Zoom ID: 89146786139; PW: 8675309

Service Opportunities

Intergroup NEEDS Area Reps for Areas : 1 Watsonville; 3-greater Soquel; 8- The Little Red Church, and 11- San Lorenzo Valley. If you go to meetings in one of these areas, be of service and be a link between your groups and Intergroup!

Intergroup: Treasurer elected (spreadsheet, bookkeeping experience, time waived) Congratulations, Clint!

H & I: Encourage your Home Groups to elect an H and I Rep, attend the H and I Steering Committee 4th Wednesday of the month at 7:00 PM! **All Info at handisc.org** . An important announcement follows after Intergroup Minutes)

For volunteer ?s, email Kat: santacruzcountyhi@gmail.com

Janus has a sec'y opening: 2nd Monday at 8pm. Contact Sabrina- email above.

Open Central Office shifts: Monday, 1-5; Tuesday, 1-5, Friday 9-1, 1-5. 6 mo suggested. Call 831 475-5782 and volunteer. Great way to be of service!

Activities Committee: needs recording secretary. Contact Grey; call Central for #.

Birthday Speaker Meeting committee needs new Secretary in January, and new recording secretary. Sobriety requirements/job described after **Minutes**

CRUZYPAA rep needed. If active in YPAA, please step up!

Meetings : Zoom links in Calendar, aasantacruz.org

Intergroup meeting (Open to all)- 10/6, new volunteers, 7 pm, mtg. 7:30-8:30

Activities committee-mtg TBD- Plan Hallowe'en dance, Vet Hall, 10/29

H & I : Wed. 7 pm; next: 10/27; handisc.org for Zoom link, info. **See new announcements after Intergroup minutes**

Intergroup: 10/6, 7:00 pm new volunteers, 7:30 pm meeting

GSR: 10/13 6:45-7:30 orientation for new reps; 7:30 district meeting.

Website Committee: 10/13, 7-8 pm

Bylaws: Tues. 10/19, 6 pm. Contact kim@kimhoganfinearts.com for info.

Birthday Speaker Meeting Business meeting: 11/18, 6:30 pm- Zoom: ID: 84167317231; PW: 8675309; (bi-monthly meeting)

Newsletter Writing Group: Sun. 10/10 4-5:15 pm; email grapesccin@gmail.com

SANTA CRUZ COUNTY INTERGROUP COUNCIL MINUTES (edited for brevity):
SEPTEMBER 1st, 2021

OPENING

Birthdays Julie 3 years! Yolanda 34 Years! Marty 22 years! Rick 20 years!
Approval of previous month's minutes motioned and passed

REPORTS:

Chair: Magi Absent by Plan; Vice Chair Marianne, hosting, no report

Vice Chair: Marianne

Treasurer: OPEN Bob gives report:

Update on July's report – Not as bad as he thought \$2652.00 Income \$4,098.33. We're down \$1,146.00. August looks good though. Donations are coming in pretty well. The August Report will be reported to Steering.

Office Manager: Bob Everything is good. Vacancy on Tuesday afternoon and Friday afternoon.

BSM Chair: Kathy Absent by plan. Income August :\$135. 210 years of Sobriety. This Saturday the speaker is Carl M. from Covina with 34 years. The host group is Brown Baggers. The meeting is continuing on Zoom due to recent Activity with Covid.

Secretary, Chair and Treasurer position open for the Birthday Committee. See the chat for the sobriety requirements.

Activities Chair: Grey – Submitted to Magi a request for the Veterans Hall for the next event – Halloween Ball/Party. Weekend of Halloween or the weekend before. To be determined. The building is open and doesn't have the same restrictions of the Senior Center. In need of a recording secretary. Anybody can come to the next meeting on Sunday at 2:00 on Zoom. Info will be up on the website.

Kimberlee asked about income and expenses and he doesn't have it so Bob reported income over expenses \$1,023.50

Jen P asked how it went. Grey said 120 to 140 people showed up.

So the group approved \$2,000 in expenses, so how did we make \$1,000. Grey said we got the money from Intergroup, BBQ was \$12.00 for food, we had a raffle, a 50/50 raffle and the silent auction.

Kimberlee noted the silent auction brought in \$1100.

Raffle. Mary asked about which Sunday, and it's Sunday the 5th.

Diverter Chair: Jack - All positions are full!

Newsletter Chair: Mary. Will need to make a couple updates to the newsletter.

Bylaws Chair: Kim They met a couple weeks ago, and they are gradually working their way through, more in depth and are keeping track of the items, and will make recommendations. Next meeting 9-21-21 6pm

Website Chair: Murias absent

Recording Secretary: Kimberlee. Kimberlee will be out for November, and David H. will cover the Intergroup Secretary duties.

GS Liaison: Matt absent, Marianne made a report. Bridging the Gap needs a chair, please see the Grapesccin. Next meeting Sept 8 7:00 – see business meetings on website.

H&I Liaison: David T. Report in the chat. The treasurer report: 8 groups donated about \$800; \$2073 in the bank. Please encourage your groups to elect an H & I representative.

H & I needs volunteers! Check our www.handisc.org for positions available. Katryn is the chair, her contact info is in the chat. People need to fill out clearance forms, so you have to be ready to go.

Announcement by H&I Chair- Dave R. Special Announcement:

Area 73 H & I Chair. Now part of Nor Cal Steering Committee IBSS coordinator. Inside Visiting Sponsorship Services. History: H&I got started June 13, 1935, when Dr. Bob and Bill got into a hospital. In 1942 in San Quentin William Duffy observed that there were many people with alcoholic problems and reached out to AA and invited an AA member to attend. About 20 people attended. In the last 80 years, Inmates don't have 1-1 sponsorship like outside people do. Hearing a 5th step requires an H&I rep to report illegal crimes, so the 1-1 relationship doesn't happen because it's against AA's confidentiality. Volunteers are needed to coordinate sponsorship; we may be able to help the inmates. This requires going into the prison, and there are more strict sobriety requirements, background checks.

David T. put the email contact in the chat to inquire about more information.

Mary did put the info in the Newsletter. Writing to a prisoner maintains anonymity, and is a big part of the process. Prison has agreed to keep visitor info on a first name basis, and mail goes through a post office box. Anonymity is strictly protected.

Jack asked about the info that may need to be reported, and H and I is deemed as an organization, but as a visitor, the visitor are no longer obligated to report information.

CRUZYPAA Liaison: None.

OLD BUSINESS:

Open positions: Treasurer, Area 1 Rep, Watsonville; Area 3 Rep, Soquel (not white church) Area 8 Rep, Little Red Church, Area 11 Rep, San Lorenzo Valley

NEW BUSINESS:

Bob believes there's a volunteer for the Treasurer position.

Clint has volunteered- Marianne asked if we need a vote, and Rick asked if there was anyone else interested in the position? Rick made a motion, and Bam! Clint is the new Treasurer. 8:08 pm

Area Rep Reports:

Area 1 (Watsonville/La Selva): OPEN

Area 2 (Aptos): Darcy No report

Area 3 (Greater Soquel): OPEN

Area 4 (Soquel Main St): Julie No Report

Area 5 (Capitola/Live Oak): Rick Went to a couple meetings, and put in a plug for H and I reps, great to have the extra report.

Area 6 (East Santa Cruz): Jordan absent

Area 7 (Downtown Santa Cruz): David H. No report

Area 8 ("Little Red Church" Downtown): OPEN

Area 9 (Westside/Davenport): John J. absent

Area 10 (Scotts Valley/Emeline): Dion- no report

Area 11 (SLV): OPEN Krishna made a report, which is about 93% of the meetings in the Valley. She's going to see if other people can cover the other meetings, so she can make a report.

The Labor Day Party is Happening September 6th from 11:00 to 4:00, they're spending about the same amount as Intergroup party, and please make announcements at the meetings. Felton Covered Bridge Park – live band.

Kimberlee makes a motion to close 8:09 pm and seconded. Serenity Prayer.

Additional Information for the Bridging the Gap position from our GSR Chair:

Bridging the Gap is a program through Alcoholics Anonymous to help people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their hometown, after they are released.

The Bridging the Gap chair is a District Officer position in Santa Cruz General Service, responsible for establishing a committee (and finding volunteers), making contacts with facilities to schedule presentations, and managing the contact cards we receive (although as you start to recruit a committee, you can of course delegate those responsibilities). Additionally, the chair attends the Area Bridging the Gap monthly meeting (currently held the 4th Thursday of each month at 7pm on Zoom), as well as the Santa Cruz District General Service Meeting (2nd Wednesday at 7:30pm on Zoom) and the Officer's Meeting (First Tuesday at 6pm on Zoom).

If you are interested in making yourself available for this position, please attend our monthly Santa Cruz District General Service Meeting (2nd Wednesday at 7:30pm on Zoom, log in info found at www.aasantacruz.org under Business Meetings)"

Additional Information for the BSM Committee: in need of a Chair, sobriety requirement 3 years; and a Recording Secretary (sobriety requirement: 6 months).

Please announce at your meetings.

Birthday Speaker Meeting Chair Guidelines-

Facilitate/manage birthday speaker meeting, giving guidance to Host Group in organizing and presenting the Intergroup Birthday Speaker Meeting.

Attend monthly Intergroup Council and Steering Committee meetings; attend the BSM and bi-monthly BSM Business Meetings

Prepare agenda for the BSM Business Meeting.

Assists Area reps with the selection of Host Groups

Sobriety requirement 3 years

Recording Secretary: take minutes, make any corrections, send them out promptly.

6 month requirement

Additional Information for the H & I Committee:

Its meeting is now in person at 420 Melrose, Santa Cruz at 7 pm on the 4th Wednesday of the month. (10/24) Please visit the handisc.org website for information, & fill out the application to be able to take meetings into the jails and prisons when they re-open. Print it out, fill in and sign and bring it to the meeting to get info to become coordinators. It takes a while, so get approved ahead of time! Most of the treatment centers have re-opened meetings, many held outside for the time being.

Besides Janus and the Camp, some other recovery centers are going to be opening October 1st!

Contact santacruzcountyhi@gmail.com with interest. They are especially looking for coordinators who can connect potential secretaries with meetings.

H & I also needs a recording secretary to take notes!

•The Northern California Hospital and Institution Committee is rolling out the second phase of our Inside Visiting Sponsorship Services.

This program has been successfully tested at San Quentin State Prison, where the response has been overwhelmingly enthusiastic. We have over 60 confined alcoholics who are currently getting the benefits of one-on-one sponsorship.

What: IVSS provides one-on-one in-person sponsorship to A.A. members confined at Ca. State Prisons.

Why: Due to State Prison regulations and federal PREA requirements, regular H&I meeting volunteers CANNOT sponsor inside members at the institution they serve. Our solution is to create an “inside visiting sponsorship service” under the auspices of the NorCal H&I Committee which operates in addition to, but entirely separate from, our H&I meeting activities at the prisons.

How: A special group of A.A. volunteers go into the prison as VISITORS. The clearance procedure for visitors is very simple – just a basic one-page questionnaire. The program was tested at San Quentin State Prison as a role model to roll out to other institutions in Ca., as well as potentially throughout the U.S. and Canada.

Outside volunteers are matched with inside members requesting the service. After the first meeting both members are free to decide if they want to work together – like all sponsorship, it is entirely voluntary on both sides.

But what about anonymity? Due to our dedicated P.O. Box and the cooperation of the prison administration, your anonymity is protected. Your name and address aren’t revealed.

IVSS is now being rolled out to the Salinas Valley State Prison.

If you have a desire to participate in this ground breaking program (A.A.’s “on the inside” have never had the opportunity to take advantage of a one-on-one sponsor in the eighty plus years that Alcoholics Anonymous has existed), or if you have any questions, you can contact the Salinas Valley State Prison IVSS Coordinator: Dave R. at svsp.ivss@gmail.com

From the writing group

Rigorous Gratitude

Brandon B.

In the early days of my sobriety my sponsor asked me to text him five things that I was grateful for every day. He was exacting about this assignment. If I used the same thing more than twice, I would get encouragement to go beyond the everyday list.

I started out with gratitude for sobriety, having a home and a job, then I would struggle to fill out my top five. One time I texted that I was grateful that I wasn’t buying alcohol so that I could use the self-checkout line. That was the one he latched onto. We bonded over not wanting to talk to a clerk some days and weren’t self-checkout lines just the best. Put in your headphones and shut out the world. My lists became more creative, and we moved onto other assignments.

When I got my first sponsee I decided to revive the gratitude list. I got the typical messages about the program and a loving home. At one point I groused to my sponsor about having to read the same messages over and over. He suggested we begin a program of rigorous gratitude. I sensed another assignment. We agreed that once a day we would grab a scrap of paper and write down something anything that we were grateful for.

The scent of lavender

A gentle breeze

The flavor of cinnamon

I get busy and forget that I have been given this amazing gift. My higher power singled me out for a second chance at life. The least I can do is pause occasionally to say thank you.





SANTA CRUZ INTERGROUP
PRESENTS

BIRTHDAY SPEAKER MEETING
HOSTED BY: FROM THE HEART

TED R. — SAN FRANCISCO, CA
36 YEARS

OCTOBER 2, 2021 7-8:15 PM PST



ZOOM ID: 891 4678 6139
PASSCODE: 8675309
DIAL IN (669) 900-9128



7TH TRADITION
PAYPAL.ME/INTERGROUP923
ADD A NOTE—"BSM-10/2/21"

Flyer for Halloween Dance will come in update-
October 29th, 7-10, Potluck/Dance, at Vet. Hall

San Francisco Unity Day 2021

Saturday, October 9

10:00 AM - 3:30 PM (PST)

Zoom I.D.: 856 7970 4357

Password: 1935

**"RECOVERY, UNITY & SERVICE
IN A TIME OF CHANGE"**

- 10 AM THREE LEGACIES PANEL***
Siobhan O. (San Francisco, CA)
Donna B. (Philadelphia, PA)
Kristee O. (San Francisco, CA)
Nikki T. (San Francisco, CA)
Teddy B-W. (Oakland, CA)
- 11 AM ROUNDTABLES & ORIENTATIONS**
INTERGROUP COMMITTEES
*Accessibilities, Archives,
Fellowship, The Point, Public
Relations, Sunshine Club,
Technology, HelpChat & Teleservice*
- 1 PM ROUNDTABLES & ORIENTATIONS**
HOSPITAL & INSTITUTION
BRIDGING THE GAP
GGYPAA
A.A. GRAPEVINE/LAVIÑA
- 2 PM SAFETY IN A.A. WORKSHOP***
Madeleine P. (Happy Valley, OR)
Vera F. (Bend, OR)

Hosted by General Service District 06.
For info, email events@sfgeneralservice.org
*English-Spanish interpretation provided.

BRIDGING
THE GAP

GENERAL
SERVICE

INTERGROUP

GRAPEVINE
LAVIÑA

H&I

YPAA



SAVE THE DATE!!

**The Birthday Speaker
Meeting is going live**

Saturday, January 1, 2022

Mid County Senior Center

829 Bay Ave Capitola CA 95010

7-8:15pm

**BSM SPEAKER MEETING
COMMITTEE NEEDS VOLUNTEERS**

Contact Kathy C for more info

bsmcommittee@gmail.com

Masks and proof of vaccine mandatory

MORE WILL BE REVEALED!!

